



## NORTH ROCKHAMPTON HIGH SCHOOL

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*Learn by doing through feedback*

17 August 2017

### PRINCIPAL'S MESSAGE



Term 3 and Flu season is here! In the past few weeks we have had many students and staff become ill with coughs, colds, sneezes and the flu. If your child becomes ill please consider keeping them at home until they are well enough to return to school. This will assist in reducing the spread of sickness as well as allowing your child to recover as

quickly as possible. We have had reports that some students have been diagnosed with Influenza so if you are at all concerned please take your child to see a doctor.

New senior assessment and tertiary entrance systems begin in Queensland with students entering Year 11 in 2019.

The new systems include:

- a model that uses school-based assessment and external assessment
- processes that strengthen the quality and comparability of school-based assessment
- introducing the Australian Tertiary Admission Rank (ATAR).

Recently staff have begun participating in professional development in preparation for the introduction of the new system. This includes workshops on the new syllabus documents (the content) for specific subjects as well information on the new processes around assessment and what these involve.

Staff at North Rockhampton SHS are well placed to implement these changes as the school has already participated in a number of trials to ensure readiness. Students in English, HPE

and Visual Art have trialled external exams and this has provided valuable feedback to teachers about how to prepare students for this type of exam. Individual teachers have also participated as Markers and have received training in this process. This knowledge is also being shared amongst staff.

Students who exit Year 12 in 2020 will be the first group to be awarded an ATAR instead of an OP result. Students and parents will be provided with further information regarding these changes at key school events as the time approaches. Further information is also available for parents by accessing the Queensland Curriculum and Assessment Authority (QCAA) website below where you will find FAQs, videos, and factsheets.

<http://www.qcaa.qld.edu.au/senior/new-snrassessment-te>

**JANET YOUNG**  
**PRINCIPAL**

### DEPUTY PRINCIPAL

The annual suite of School Opinion Surveys will be conducted 31 July to 25 August, 2017. Parents/Caregivers, school staff and a random sample of students are encouraged to have their say in this year's suite of *School Opinion Surveys* by providing their opinions about what this school does well and how this school can improve. Each of the online surveys will remain open until **Friday 25 August, 2017**.

All families, school staff and a random sample of students will be invited to participate. We encourage you to take this opportunity to have your say about what this school does well, and how this school can improve.

Access details for the Parent/Caregiver Survey will be sent home with students this week. Parents/caregivers are welcome to complete their survey online at the school, and school computers will be available for use, on request at the main office

Survey queries or requests for translations can be directed to Robyn Brown on 49247 888.

## SETPLAN

Compulsory SET Plan interviews will be held for Year 10 students on Tuesday 29 August from 9.00am to 3.00pm and Wednesday 30 August from 12.00noon to 7.00pm.

Interviews will be 30 minutes in duration. Interviews provide an opportunity to discuss your child's progress, future plans and subject choices for Years 11 & 12, with his/her teachers. Interviews can be booked on-line at Parent Teacher On-Line (PTO). Instructions can also be found on School's website ([nthrckshs.eq.edu.au](http://nthrckshs.eq.edu.au)) on the home page under the Quick Links section.

## YEAR 10 STUDENTS DO NOT ATTEND NORMAL SCHOOL ON THESE DAYS

**Bookings are now open until 28 August. If you have any trouble registering or booking your interviews, please contact the school on 4924 7888.**

## ATTENDANCE

Attendance is a school wide priority at North Rockhampton State High School.

Our whole school attendance target is 90%. This term, so far, we have achieved 87.9% attendance across all year levels.

Every day counts at school. If your child is absent, please contact the school to explain the absence.

If your child misses one day of school each fortnight this is equivalent to them missing more than a year of learning in their 12 years of education.

Low school attendance is associated with:

- Lower academic achievement
- Early school leaving
- Future unemployment

### Term 3 Attendance

Year 7 = 90.6%  
Year 8 = 85.9%  
Year 9 = 84.9%  
Year 10 = 87.1%  
Year 11 = 89%  
Year 12 = 89.9%

<http://education.qld.gov.au/everydaycounts%252>

**KYLIE BUTLER**  
**DEPUTY PRINCIPAL**

## YEAR 9 CO-ORDINATOR

Well, Term 3 is almost over and so is Junior School for our Grade 9s – the pilot cohort for Grade 7 high school entry. It has not always been easy but I am quite proud of all the cohort has achieved during their time at North Rocky High. The adventure is not over though as they move onto their Senior Program, the cohort will once again be trialling changes as the new QCE will be introduced for seniors graduating in 2020.

No doubt you and your students are feeling a bit of information overload regarding the new system. The QCAA website (<https://www.qcaa.qld.edu.au/senior/new-snr-assessment-te>) is an excellent source of information. The key changes are the updating of the old OP ranking system, to an Australian Tertiary Admissions Rank (ATAR) system that is similar to what most other states in Australia have. This will involve a universal syllabus including some external assessment run across all schools in the state.

The nature of the new system will mean it is much harder to transfer between subjects (even from one maths to another maths) than it has been previously. Next year, (Grade 10), will be that last chance to 'explore' a subject area they have been considering for a while. For this reason we have been encouraging students to make sure they are informed and make a careful choice about what subjects they are considering for their senior studies. They should making choices based on career interests, subject achievement and activity enjoyment.

For further information about the new QCE/ATAR system students, parents and caregivers can contact HOD of Senior Schooling, Deb Addison at the Senior Resource Centre (in the Library) on 49 247 829 or email [daddi4@eq.edu.au](mailto:daddi4@eq.edu.au). Also at the Senior Resource Centre is Jenny Drury who assists with work placement and experience, email [jdrue0@eq.edu.au](mailto:jdrue0@eq.edu.au)

For other Year 9 discussions contact me, Michael Zimmer (in G Block) on 49 247 823 or [mzimm13@eq.edu.au](mailto:mzimm13@eq.edu.au)

**Michael Zimmer**  
**Year 9 Co-Ordinator**

## SENIOR SCHOOL YEAR 10 CO-ORDINATOR

It is hard to believe that already we are half way through Term three of 2017. Once again, the Year 10 cohort have entered into another extremely busy term. With this in mind, I would like to stress the importance of attendance. It is now our cohorts' goal to improve our attendance and effort and achievement outcomes.

The term started off on a serious note as students took part in a worthwhile program called "Love Bites" The program is an extremely successful school-based Domestic and Family Violence and Sexual Assault Prevention Program presented by Police Officers from our community. Students took away important information to do with these issues to help protect themselves and others. What was more impressive was the way that our students interacted with community members when seeking clarification and discussing the issues that may one day affect them.

We are currently entering into the second week of work experience and the feedback has been positive. Thank you to Mrs. Drury who has worked tirelessly over the last few weeks, liaising with businesses in Rockhampton, to ensure that students have the opportunities to experience what it would be like to work in their intended field. It is great to see and hear about our students out and about in the community trying their hand at careers. Being able to undergo an experience like this is beneficial as students prepare for their SET plan interviews. I would like to take this opportunity to remind parents that

students will be having their SET plan interviews in Week 8 on the Tuesday and Wednesday. Students will not be at school over the two days so that they are able to focus on the interviews. If you have any questions, would like more information or help booking an appointment, please call the Senior School office and speak to Deb Addison. This is an exciting time as our students prepare themselves for senior school and equip themselves with the knowledge of how to achieve their Queensland Certificate of Education.

I would like to end this entry on a positive note and a celebration of success. There are many students achieving on the sporting field, however, this week's congratulations go to the Year 10 Boys football team coached by Jacob Borich, managed by Jayden Wheatley and Nancy Wheatley and captained by Quinn Martin. They are currently sitting in second place on the ladder. Best of luck for the rest of the season gentlemen and we hope to be cheering you on in the finals!

**Erin Bills**  
**Yr 10 Co-Ordinator**

## NORTH ROCKHAMPTON HIGH FACEBOOK PAGE

We invite all members of school community to view our North Rockhampton State High School's official Facebook page.

To find our page search for @NorthRockhamptonSHS and look for our logo. We will share our success stories and memorable events on our Facebook page as well as on our website.

Students' photos cannot appear on our Facebook page unless an updated consent form indicating parental approval for the publishing of photos on social media has been returned, signed by parents/ guardians.

## CHECK OUT OUR FACEBOOK PAGE

North Rocky now has a P & C Facebook page. Have a look and see what's happening and keep up-to-date with the latest events.

<http://www.facebook.com/NRSHSPC>

## DATE CLAIMERS

These dates are subject to change and will be updated throughout 2017:

TERM 3	
<b>Mon 14 Aug – Fri 18 Aug</b>	Yr 10 Work Experience
<b>Wed 16 – Fri 18</b>	Combined Schools concert various venues
<b>Wed 16 Aug</b>	Yr 7 & 8 Maths Quiz Chemistry Tritation Excursion
<b>Mon 21 Aug</b>	Yr 9 CQU Connect

TERM 3	
<b>Tues 22 Aug</b>	Yr 7 & Yr 10 Immunisations
<b>Wed 23 Aug</b>	Drama performance Frenchville SS
<b>Thu 24 Aug – Sun 27 Aug</b>	Yr 11 Maths B, Chemistry, Physics, Biology Excursion
<b>Mon 28 Aug</b>	P&C Meeting
<b>Tue 29 Aug – Wed 30 Aug</b>	QCS Test SET PLAN Interviews Yr 12 Muffin Drive
<b>Fri 1 Sep</b>	Red Food Day
<b>Mon 4 Sep – Mon 11 Sep</b>	Yr 11 & 12 Exam Block
<b>Fri 15 Sep</b>	Rewards Day Yrs 7 – 12 SWD (Students with Disabilities, Beach Day Out) Last day of Term 3

## COMMUNITY NOTICES

**Get fit and make some new FRIENDS!**

**7 am**  
Every Saturday

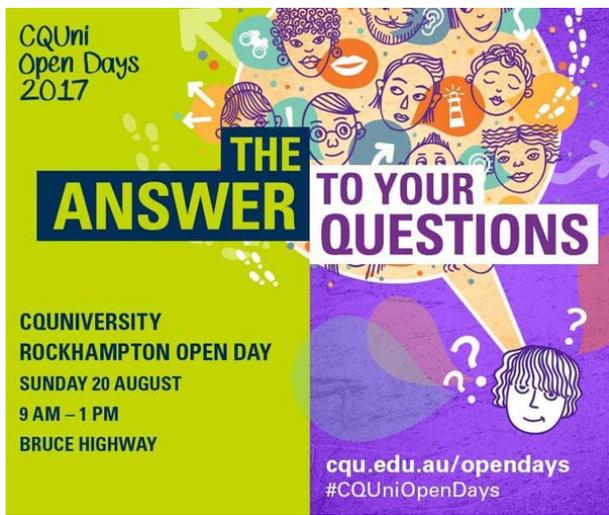
Free, weekly, 5km timed run/walk for all ages and abilities.  
Rockhampton Botanical Gardens

- 1 Register for FREE at [www.parkrun.com.au/register](http://www.parkrun.com.au/register)
- 2 Print out your unique barcode
- 3 Turn up with your barcode, run or walk and have fun!

Don't want to run or walk?  
Why not help others by volunteering?

[www.parkrun.com.au](http://www.parkrun.com.au)

We would love to encourage not only students but also teachers and parents.



## Woolworths Earn & Learn 2017

Dear Parents & Staff,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school – and all we need you to do is shop for your groceries at Woolworths.

The stickers can be dropped into the Collection Box at the school library or in the box provided at the Northside Plaza.

From **Wednesday 26 July to Tuesday 19 September**, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards).

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit

<https://www.woolworths.com.au/shop/discover/earn-and-learn>

## BREAKFAST & LUNCH

Why the practice of skipping breakfast and lunch could be harming your future.

My name is Lynette Mackey and I am a dietitian who works at headspace in Rockhampton. Your school is about to be involved in a research project that has been designed to look at how often and why breakfast and lunch is skipped by the students at your school. This information is going to be gathered, not so that we can tell you what to do or how to live your lives, but to provide you with some information that you might find interesting.

I would like to ask you to please take a moment to stop and think about the following:

- Human beings are completely what they eat.
- If a human stops eating, they stop living.
- Food even influences the way we look and the way we feel.

- It also impacts our ability to learn.

How do we use food?

- We use food as energy to run our bodies and our brains.
- We consume energy in the form of fat, protein and carbohydrate.
- Healthy fats help our brain to function at its best.
- Protein helps us to build strong muscles, beautiful hair and clear skin.
- Carbohydrates help us to avoid feeling tired and sluggish.
- Carbohydrates also help us to keep our emotions under control. They help us to keep our tempers and to feel less anxious or afraid.

We also need vitamins and minerals.

- Vitamins and minerals act like “super” glue to keep us together and functioning at our best.

If you broke one of your most precious objects, would you trust the repair job to paper glue or super glue?

- The type of glue that you use determines whether you will reach your best potential as a human being or not.

It is for these reasons that we are running this research.

- Not consuming breakfast or lunch could limit your future.
- As a result of your actions, you, not anyone else, could limit your ability to achieve your best.

This research is not about our organisation gathering information so that we can turn around and simply tell you what to do.

- It is about understanding why breakfast and lunch is being skipped so that we understand your reasons why.
- Our aim, and your school's aim is to help you to achieve your best.

We would like to ask that you please consider how this research could have a positive effect on yourself or others that you may know and please take part in the survey if you are asked.

Our students from Years 10-12 will participate in the program.