



**NORTH
ROCKHAMPTON
HIGH SCHOOL**

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14 September 2016

PRINCIPAL'S MESSAGE

Last week Year 12 students sat the Queensland Core Skills Test (QCS). Over two days students were tested on common elements across syllabi to help form a component of the calculation for a student's overall position (OP) score. OP scores are used by Universities to make offers to study at their institution. I congratulate students on their commitment to their studies and wish them well. Some Year 12 students not involved in QCS were involved in a muffin drive as a business venture; any profit made will go towards the Formal. These muffins were of a professional standard. Well done to all involved.

While Year 12 were sitting the QCS tests and baking, Year 10 (students with their families) were planning their senior pathway via their SET Plans. During these meetings, students identified their strengths and areas of interest to select subjects which best match their chosen pathway. These plans will be reviewed over the next two years to ensure students are still on their preferred pathway and are on track to meeting their goals.

The school has a number of banned items that the school community needs to support. Aerosol cans are one of these items. These items can trigger life threatening events for some students and staff. Students are encouraged to bring roll on deodorant to school if required. Students with aerosol cans will have them confiscated and parents will need to collect them.

Congratulations to the North Rockhampton State High School Hawkes Rugby League community. I was fortunate enough to watch some of these teams play in their Grand Finals. North Rockhampton SHS had teams representing every year level with three of five teams now premiers. I was extremely impressed in the way that the games I watched were played.

The boys represented themselves, their families and their school well. Thank you to all the coaches and support staff who help make these activities run.

I would like to thank students, staff and parents for your support over my short time at North Rockhampton SHS. I have learnt a lot about myself and how large schools operate. I have been impressed by the commitment of staff across the school, the welcomeness of students and the support from parents. The best and most consistent comment I have heard when I talk with students about what works well at North Rocky is "I am getting the skills I need for the workforce" and "we have so many opportunities".

I have really enjoyed my time and look forward to visiting again.

MATT NEWELL
ACTING PRINCIPAL

2017 SUBJECT SELECTIONS

Years 7, 8, 9 and 10 students have received their subject selection forms for 2017. If you would like to discuss which subjects may suit your child the best, please contact the school on 49247888 and we'll refer you to someone who will be able to answer your questions. If you have any other questions with regards to the process, please contact Cynthia O'Sullivan.

It is important to note that students are required to nominate some additional preferences. Students must select a subject they are interested in for their additional preferences as some subjects may not run due to insufficient numbers or a student may miss out on a subject due to the class being full. In these cases, students may be allocated one of their preferences.

All subject selections must be completed on One School (instructions are on the reverse of the subject selection form) and must be completed by **Wednesday, 14 September**.

Great state. Great opportunity.



YEAR 12 COORDINATOR

WOW! We are already at the end of Term 3. This year really is flying past and in a few short weeks your student will be graduating.

Formal and Graduation information will be out early next term. Students are working hard to get their privilege points back to over 90 so they can receive an invitation to the formal.

Please remind your student that Term 4 is still a very important Term and regardless that they are so close to the end, they need to keep up their efforts in all areas of their schooling.

Again, any issues please email me at daddi4@eq.edu.au or call me 4924 7834.

DEBORAH ADDISON
YEAR 12 COORDINATOR

2017 BURSARIES

Bursary information for Year 6 students entering Year 7 in 2017 is now available from Primary Schools or by contacting our office at North Rockhampton High School.

Bursary information for Year 9 students entering Year 10 in 2017, are now available from the Year 9, Year Coordinator and also Student Services. Applications close Friday 26 October 2016.

SCHOOL DENTAL VAN

It is that time of year again: the School Dental Van is now at the school. If you wish for your child to be seen, then please ensure your child has returned their consent forms for a dental check-up. If you did not receive a form, then please collect one from the dental van situated near the basketball courts off Simpson Street.

You can contact the Dental Van on 0409 574 276 Monday, Tuesday, Thursday or Friday, between 8am – 4.30pm.

A good link about the effects of sugar is:

<http://www.rethinksugarydrink.org.au/downloads/time-to-rethink-poster.pdf>

Self care:

- Twice daily tooth brushing with a fluoride toothpaste and a soft toothbrush will help protect against tooth decay.
- To have a healthy smile, maintain a healthy diet by drinking plenty of tap water, limiting sugary foods and drinks and by choosing healthy snacks like fruits, vegetables and cheese.
- Drink fluoridated water if it is available to help strengthen your teeth.
- Regular dental check-ups and care are important for oral health.

Diet:

- Foods and drinks that contain high levels of added and natural sugar contribute to tooth decay.
- The more often sugary foods and drinks are eaten the more likely you are to experience tooth decay.

P&C

The next P&C meeting will be held Monday 24 October at 5:30pm in the Administration Building. All welcome.

CHECK OUT OUR FACEBOOK PAGE

North Rocky now has a P & C Facebook page. Have a look and see what's happening and keep up-to-date with the latest events.

DATE CLAIMERS

These dates are subject to change and will be updated throughout 2016:

TERM 3	
Wed 14 – 16 Sept	Year 11 Leadership Camp
Fri 16 Sept	Rewards Day for all year levels End of Term 3
TERM 4	
Mon 3 October	Queen's Birthday Public Holiday
Tues 4 October	Term 4 Commences
Mon 24 Oct	P&C General Meeting 5:30pm Admin Building
Mon 24 Oct - Tues 25 Oct	Year 7 & 8 Immunisations
Wed 26 Oct	2017 Bursaries Due
Fri 28 Oct	Free Dress Day – Wear red for Daniel Morcombe Day
Mon 7 Nov – Fri 11 Nov	Year 12 Exam Block
Tues 15 Nov	Year 12 Day Red Food Day
Wed 16 Nov – Tues 22 Nov	Year 11 Exam Block
Wed 16 Nov	Annual Awards Night
Thurs 17 Nov	Graduation for Year 12s Formal for Year 12s
Fri 18 Nov	Last Day for Year 12s
Fri 25 Nov	Last Day for Year 11s and 10s
Mon 28 Nov – Thurs 8 Dec	Summer School and Master Class for Year 10

Mon 28 Nov	P&C General Meeting 5:30pm Admin Building
Tues 29 Nov	Year 7 2017 Transition Day
Mon 5 Dec – Fri 9 Dec	Last Week Activities Year 7, 8 & 9
Thurs 8 Dec	Rewards Day Year 7, 8 & 9
Fri 9 Dec	Last School Day 2016

IMMUNISATION SCHOOL CLINICS

	Date	Vaccine
Round 3	Year 7 – 24/10/16 Year 8 – 25/10/16	HPV (3rd dose) Plus any students requiring catch-up vaccinations

FOR FURTHER INFORMATION PLEASE CONTACT
OZCARE ON 4937 4200.

COMMUNITY NOTICES

ART CLASSES

Art classes are currently being run at the Art house on East St for children aged 5 – 16.

When: Wednesday – Friday 4 – 5 pm.

Saturday and Sundays 10 – 12pm and 2 – 4pm

All equipment is provided including paints, brushes, canvases as well as sketch pads and pencils.

All done in air conditioned comfort.

Prices are \$15 for after school and \$25 for weekend classes.

Please contact: Sandy – 0428 565 783 or Tau – 0403 983 623