



21 August 2015

Principal's Message

I would like to take this opportunity to introduce myself as the new Head of Senior Schooling at North Rockhampton High. My role is to work with students in Years 10, 11 and 12 and assist them to achieve their goals, monitor their success and plan their future pathways.

This week Year 10 parents will have received a letter regarding Senior Education and Training (SET) Plan Interviews to be held on the 1 and 2 of September. SET Plans are pathway plans, mapping out the future directions a student will follow through their senior schooling to achieve success and fulfil their career goals. This process occurs throughout every state school in Queensland in Year 10.

Students have been working on these plans for some weeks now and the final part of this process is for teachers to meet with parents and students, revisit their career and subject choices, discuss options and finally have parents sign off on their student's plan for Year 11 and 12.

Parents are able to book an interview time through the school website and this process is explained step by step in the letter.

Education and training providers, such as CQU TAFE or other local traineeship and apprenticeship organisations, will be available to talk with parents should students wish to undertake external courses in conjunction with their school subjects.

Year 10 students do not attend school during these two days, but are required to attend the interview with parents.

If parents have any questions regarding this important process, please don't hesitate to contact me on (07) 49247829.

DESOLEE COWLEY
HOD SENIOR SCHOOLING

SENIOR SCHOOL NEWS

YEAR 11 AND 12 EXAM TIMETABLE

Year 11 and 12 exam block will be held on Monday, 7 September to Friday, 11 September. Students have been issued with their exam timetables. If students lose their timetables, then they can access the master timetable on the

school website at nthrckshs.eq.edu.au – Calendar and news, Exam timetables.

YEAR 12 REFERENCES

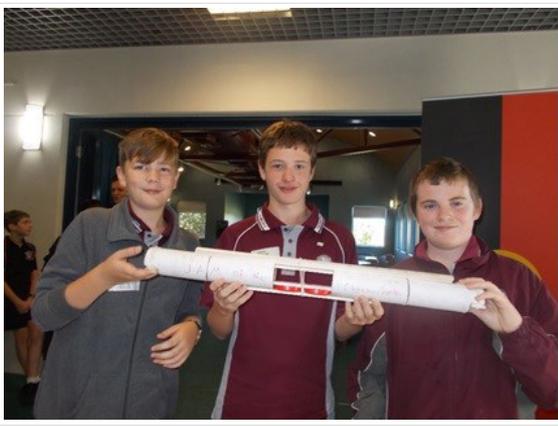
Year 12 students can now log their request for a school reference. Students log on to their One School account and under the Reference tab, they can select a teacher whom they would like to complete their reference. If students do not log on to One School and request a reference, they will be provided with a school reference with very limited detail. Requests for references will close on 16 September.

AURECON BRIDGE BUILDING COMPETITION

The NRHS Hawk's Bridge Building teams spent a great day in Gladstone on Friday, 7 August. The CQUniversity campus was the venue for the Aurecon Bridge Building competition, run throughout Australia and New Zealand to encourage junior scientists to have a go at engineering. A kit containing prescribed materials and design constraints were provided for each team. They were then challenged to design and build a bridge to support the largest load possible.

Competitors came from all over the region, as far as Emerald and Maryborough. Everyone had great fun watching each bridge being tested until it broke. The load it could support was the main part of the competition, but points were also awarded for appearance, originality and team responses to the judges' questions.

The Year 8 team used an original design and discussed their planning and construction features with the judges in preparation for next year's competition. The Year 9 team would have liked more time to refine the construction of their bridge. It ended up supporting 8.9 kg, not bad for a first try. Both teams represented our school with style, manners and good sportsmanship. A big thank you to Mrs Keen who provided transport and support on the day.



The Year 8 team; Mitchell Thompson, Alex Somerfield, Joshua Nixon with their innovative design.

CATHY CAPERN
MATHS/SCIENCE TEACHER

HIGH FLYER



Congratulations to Heidi Leigh who is currently in Year 12. Heidi travelled away over the weekend of August 1 and competed in the State Championships for Trampoline Gymnastics in the Level 8 Synchronised section, where Heidi and her team mate came first. The school is proud of Heidi's success and wish her the best of

luck in her future trampolining competitions.

JUNIOR MATHS

Robotics at NRSHS

To quote the Lego Movie, "everything was awesome" when three teams of Year 7 students competed in the Secondary Division of the 2015 CQ Junior Robotics Competition at CQ University on Friday 24th July. The students had spent ten weeks preparing, designing and constructing their robots and developing elaborate programming and testing and retesting of their robots in order to compete in a range of difficult design challenges. Each group worked collaboratively on the day to refine and enhance their robot's construction and programming as the challenges progressively became harder. The main competition consisted of students from other schools who were from Years 9 and 10. However, the North Rocky Teams were at the top of the competitors' ladder for most of the event. Two NRHS teams progressed to the final round where they finished in second and third place overall. The team that finished in second place won a light/colour sensor, which will be a valuable addition to the school's robotics kits. Congratulations to Dylan Fawns, Huy Nguyen, Aidyn Davis and Joshua Betts, who were placed second, Nikita Nunn, Mikayla Patterson, Emma-Rose Davey and Seong Choi placed third and Ashley Shaw and Jack Coote, who placed fourth. Well done, everyone.

Junior Maths

Do you enjoy problem solving? This year Junior Maths teams from Years of 7, 8 and 9 competed in the annual Maths Team

Challenge against schools from the Rockhampton district. The competition was of a high standard with teams solving problems in two rounds – relay followed by team questions. This year one of our Year 7 teams placed fourth, only a couple of points behind third. This experience develops the skills of our gifted students allowing them to extend their learning opportunities. This week a Year 7/8 team will represent NRSHS at the Qld Association of Maths Teachers Maths Quiz. We wish them well in this competition.

What are we studying this term? Recently the Year 7 students have prepared a budget and shopping list for a class BBQ as part of their assessment. Both Year 8 and 9 are studying units on Data. Year 8 is investigating setting up a Scrabble game in a foreign language and Year 9 is exploring the question 'Are we a typical Year 9 class'.

Developing the skills of problem solving is an integral part of all maths lessons. We encourage you to take any opportunity at home to involve your students in decision making that requires numerical calculations. From building a garden bed to budgeting, the more opportunities students see maths 'at work' the more they will appreciate the need to study maths at school. Let's work together to improve our student's experiences in this area.

HOME ECONOMICS

HOME ECONOMICS

Currently the **Year 9 Food Technology** students are completing their 'Getting Started' unit of work. This is based on the mechanics of cooking and working functionally in the kitchen. Currently they are investigating the different forms of raising agents in cookery including biological raising agents such as yeast in pizza dough, mechanical raising agents such as incorporating air while beating (as with Meringues and Apple Snow) and chemical agents such as bi-carb soda when making Honeycomb and Tea Cake. The Year 9 students will now need to bring ingredients from home to complete their practical tasks. They have already received a note indicating the items that need to be brought each week. If you have not already received this, could you please check with your child or ring 49247819 and ask for Mrs Robertson.

Year 8 Home Economics students have been very industrious, cooking healthy lunchtime meals including pizza, macaroni cheese and stir-fry. Perhaps they could further practise their skills at home by helping with preparing meals! With very capable abilities being displayed, hopefully these students will look to continue developing their skill and knowledge by selecting 'Food Technology' in 2016. The Year 8 rotation finishes soon with a new group of students starting in 2 weeks time.

EARLY CHILDHOOD

Year 11 Early Childhood Students are currently investigating the dietary needs of children in early childhood as well as preparing suitable foods. An aspect of their assessment will be to design a weekly menu for day-care, including not only suitable foods that would be provided for them but foods that

they could make themselves such as the Happy Pizza Faces made by Allison Andrews and Abby Paton.

Year 11 students have also been offered the opportunity to undertake the 'Baby Think it Over' program where students will be responsible for the care of a 'virtual' baby. Parents should have received a letter of offer; payment slips will be sent home, once we have established the number of 'virtual babies' required.

Special Needs is not something that is regularly associated with Early Childhood but it is an area that affects a number of parents in a significant way. Year 12 Early Childhood are undertaking research into this area this semester looking at not only what effects conditions such as Autism, Blindness, Speech Impairment, Down Syndrome or even Giftedness have on children, but their parents and families as well.



DESOLEE COWLEY
HOD SENIOR SCHOOLING/HOME ECONOMICS

HPE

HPE

This term has been rather busy for our senior P.E. classes, particularly our Year 12 students as they scramble to get their best possible mark with this term's summative assessment being of vital importance as their graduations looms. The Year 12s have been researching the specifics of Touch Football and gaining an understanding of training program requirements for the sport.

Year 11 have been looking at sociology factors affecting participation in their chosen practical (which is Futsal).

Our junior cohorts have been doing a variety of theory components and enjoying the good weather with outdoor sports, mainly focusing on touch football, rugby league and netball.

We remind everyone at this time that it is a requirement for all students to be participating in both theory and practical components and, if for any reason a student cannot participate, they are required to have a letter from their parent/ guardian.

CERTIFICATE III in Fitness 2016 – Year 11 subject selection

Next year the school will be offering a certificate III in fitness for year 11s. This is a two year course that will attract 8 QCE points and is a head start for anyone wanting to get a job in the fitness industry. A letter to interested students will go out next week, but please ring if you would like more information.

SPORT

Plenty of action as always in the sport department. Our respective rugby league, girls touch football and girls soccer teams are in the middle of their seasons and so far the students have been playing in the HAWKS spirit with plenty of fun, enjoyment and participation being the focus of the games.

CONGRATULATIONS - goes to Lachlan Hardy who was a member of the Qld U/16 schoolboys team (that I was fortunate enough to be coach of) who recently went to Perth for the National Titles. The Qld boys won the final 3-2 against nemesis NSW in a thriller. Well done Lachlan on your gold medal. The boys played extremely well and were lucky enough to be mentored by past North Rockhampton High student and current Australian captain – Mark Knowles. They also trained with another past student, Matt Gohdes.

GOOD LUCK – Rebecca Patterson, Tremayne Crofts, Caleb Arney, Caliah Saltner-Hill, Chase Farr, Ethan Thompson, Lachlan Kurchaski, Jessica and Courtney Moffat who will be at the Capricornia athletics trials at Rockhampton High School Monday 17 August.

SWIMMING CARNIVAL – Good news, The Rockpool Waterpark is back in action. As we didn't have the swimming carnival in Term 1 (thanks to Cyclone Marcia), we will be having the swimming carnival on the last day of this term, 18 September. More information will follow closer to the date. Swimming will also be part of the curriculum for both junior and senior classes next term.

AARON HARMSWORTH
HOD HPE

2016 YEAR 7 ENROLMENTS

Have you enrolled your student?

North Rockhampton High School are conducting
interviews for Years 7 2016

Please contact the school on 4924 7888
between 8am and 4pm Monday to Friday to arrange an
appointment

YEAR 12 GRADUATION CEREMONY-CHANGE OF VENUE

Due to unforeseen circumstances the Frenchville Sports Club will no longer be able to host the Year 12 Graduation Ceremony. This ceremony will now take place at North Rockhampton SHS in the Assembly Hall on Thursday 19 November. The starting and finishing times will remain the same as previously stated - 9:30am to 11:30am.

We are very sorry for the inconvenience and thank you for your understanding.

GRETA DOHERTY
YEAR 12 COORDINATOR

DATE CLAIMERS

TERM 3	
Mon 10 – Fri 21 Aug	Year 10 Work Experience
Thurs 20 –Sun 23 Aug	Maths B, Physics & Biology Excursion
Mon 24 Aug	P&C Meeting – 5pm Admin Building
Tues & Wed 1/2 Sept	QCS Exam
Wed 2 Sept	Year 10 Set Plan Interviews
Fri 4 Sept	Red Food Day
Mon 7 Sept – Fri 11 Sept	Year 12 Exam Block/ Year 11 Exam Block
Fri 18 Sept	Reports Issued / Last day of Term 3
TERM 4	
Mon 5 Oct	Public Holiday
Tues 6 Oct	Term commences
Wed 7 – Fri 9 Sept	Year 11 Leadership Camp
Tues 13 Oct	Year 8/10 Immunisations (Round 3)
Mon 16 Nov	Awards Night
Thurs 19 Nov	Year 12 Graduation/Formal
Tues 17 Nov	Red Food Day
Mon 19 Oct	Student Free Day
Mon 9 – Fri 13 Nov	Year 12 Exam Block
Wed 18 – Tues 24 Nov	Year 11 Exam Block
Wed 25-Thur 26 Nov	Year 11 QCS Practice Test
Fri 27 Nov	Year 10/11 Last Day
Tues 1 Dec	Year 7 Transition Day
Fri 11 Dec	Reports Issued / Last Day for 2015

P&C MEETINGS

5pm Administration Building

Mon 24 Aug, Mon 26 Oct, Mon 23 Nov

Our next P&C meeting will be held on Monday 24 August at 5pm in the conference room. All parents/caregivers are welcome to attend. Parents are also advised that a copy of the minutes can be requested through the school office so that if you are unable to make the meeting you are aware of current P&C focus areas and the support provided to the school.

**NORTH ROCKHAMPTON STATE HIGH SCHOOL
PARENTS AND CITIZENS ASSOCIATION**

AGENDA FOR 24/8

1. ATTENDANCE
2. APOLOGIES
3. MINUTES FROM PREVIOUS MEETING
4. BUSINESS ARISING FROM PREVIOUS MINUTES
5. CORRESPONDENCE IN AND OUT
6. TREASURER'S REPORT
7. EXECUTIVE DECISIONS:
8. REPORTS
 - a. PRINCIPAL
 - b. TUCKSHOP
 - c. CHAPLAINCY
9. GENERAL BUSINESS
 - a) School sports and representation to push engagement (Andrea Maxwell)
 - b) Historical issues (Michelle Rixon)
 - c) Grants for Elite Student Performance (Leisa Neaton)
 - d) Speed update (Janet Young)
 - e) Defibrillator purchase consideration (Sue Levitt)
10. ENDORSEMENT OF NEW MEMBERS (IF APPLICABLE)
11. MEETING CLOSURE

IMMUNISATION CLINICS FOR 2015

ROUND 3 - 13/10/15

Year 8

HPV (3rd dose)

Plus any students requiring catch-up vaccinations

Year 10

Any students requiring catch-up vaccinations

For further information please contact Ozcare on 4937 4200.

COMMUNITY NOTICES

D2A TUTORING

D2A Tutoring is now taking new students. Prep to Year 12. Individual, affordable, fun, one-to-one tuition available. Celebrating 10 years of providing exceptional educational services in CQ. Morning, daytime, afternoon, evening and Saturday sessions available. Curriculum based literacy, numeracy, reading, Maths A, English, HSS/SOSE. Phone Jody Davis to arrange your lessons today. 0400 378 843 or 07 4921 0663.



Every school leaver will transition into training, further education or employment.

School to Jobs Alliance CQ

For updated Employment and Training Bulletins (ETOB)
Visit S2J CQ at:
Website: <http://s2jalliance.cq.gov.au>
Facebook: School to Jobs Alliance CQ

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