



"WE ACKNOWLEDGE THE TRADITIONAL CUSTODIANS OF THIS LAND, THE DARJUMBAI PEOPLE AND PAY OUR RESPECTS TO ELDERS, PAST, PRESENT AND FUTURE."



P&C Meetings held the 4th
Monday of each month at
7.00pm in the main
Administration office.

Principal: Judi Newman



From the Principal

North Rockhampton High School is proud of our STEPS program which is our version of a SPORTING ACADEMY OF EXCELLENCE.

Our high performing Physical Education & Health teaching team supports students in a wide range of sporting teams. Many staff coach teams in their own time.

Aaron Harmsworth, an Australian level hockey player, has been instrumental in leading the champion hockey team and bringing them to State level success.

I thought I would share the following article with you.

Judi Newman
Principal

From Hawks to Kookaburras

by Guy Williams. Qld Telegraph

Graduating from the same high school, Matt Gohdes, Jamie Dwyer and Mark Knowles are now eager to band together and teach the hockey world a lesson.

The North Rockhampton High School alumni were selected earlier this week in Coach Ric Charlesworth's Australian men's hockey team for the upcoming 2012 London Olympics. Gohdes, who graduated from NRHS in 2007, joins the Kookaburras for his first taste of the Olympics while Knowles and four-time World Player of the Year Dwyer, are suiting up in the green and gold for their third appearance on arguably sport's biggest stage.

Along with the trio, former Olympic rower Wayne Diplock, who competed at the 1992 Barcelona Olympics, also attended the high school.

Knowles, 28, said it was a credit to the sporting culture instilled in the high school during his time there.

"It's unbelievable. It's a very, very rare occurrence to have three people from the same high school in a team like this and it's something the people of Rockhampton and Rocky hockey can be very proud of," he said.

"This is a result of not only the many hours we all spent as kids training at Kalka Shades, but the time we spent on the oval at school.

"With North Rocky High the great thing was that when we were going through there were always encouraging us to play sport; not just hockey, but every sport.

We spent most of our time out on the oval playing something. Now they have a sporting program there that is promoting hockey.

"It's a great initiative by the school and one that we hope can encourage more and more kids to get involved in hockey or whatever sport they want to play."

Entitled STEP – Sporting Talent Extension Program, the initiative was set up by North Rockhampton High teacher, and former team mate of the trio, Aaron Harmsworth, to encourage students to follow their sporting dreams. The program was aimed at developing all-round athletes.

"Most of the students in the program are training in their individual sports three to four times a week," Harmsworth said, "So we focus a lot more on the all-round athletic attributes, rather than just on their individual sport."

The trio's success has given current students at the high school extra motivation.

"For our kids, it's a great example of what you can achieve," Harmsworth said.

"It shows them that if you make the most of whatever you've got in front of you, you can achieve anything."

Harmsworth said the school was planning on supporting the Kookaburras and all of Australia's athletes while they were competing in London from July 27.

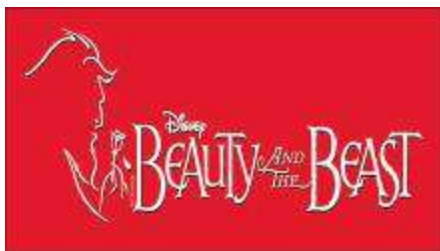
"To have three guys from the one school is one of the biggest things our school could have achieved," he said. "We need to give as much recognition to their achievements as we can."

The trio face trans-Tasman rivals New Zealand in their final hit-out in Cairns this weekend in a three match series before opening their Olympics campaign on July 30 against South Africa.



North Rockhampton High School

Presents



TICKETS ON SALE NOW!

**Friday 17th August 7.30pm and
Saturday 18th August 1.30pm &
7.30pm**

Book at the Pilbeam Theatre and online at
www.seeitlive.com.au or Dial n' Charge 49274111

Music by **Alan Menken** Lyrics by **Howard Ashman & Tim Rice** Book by **Linda Woolverton**

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Free workshop: Parents Helping Their Children with learning disabilities and Technology!

By Speld Qld Inc. Do you have a child who is articulate, intelligent and a clearthinker but just can't master the skills of reading, spelling, writing and comprehension? Your child may have a learning disability. Come along to this workshop and find out what a learning disability is, discover strategies to help and view some software programs and technologies which will 'level the playing field' for your child in terms of academic achievement.



Speld Qld Inc. is a non profit organisation dedicated to helping children and adults who have a specific learning difficulty or learning disability. This workshop is part of our Direct service agreement with Education Queensland.

Where: Glenmore State School, Farm Street, Rockhampton

When: Wednesday 22nd August 2012

Time: 9.15am -12.00 pm (Registration 9.00am)

Bookings essential: Call Speld Qld Inc on 3394 2566 or 1800 671 114 (free call outside Brisbane) or email:

admin@speld.org.au

New School Website



The school has launched a new website. The website now gives up-to-date news stories, calendar events, access to the latest newsletters, curriculum information and much more. Add the website to your favourites so that you can easily stay in touch with current events and information about North Rocky High. Website address is:

<https://nthrckshs.eq.edu.au>

QUEENSLAND TERTIARY COURSES GUIDE is now available to all Year 12 students.

This guide outlines all the tertiary courses being offered in 2013 at Universities and TAFE Colleges across Queensland. The applications must be completed online. Due date for online applications is 28/9/2012.

I am available to assist students and parents who would like to discuss options, costs, accommodation and all questions in relation to undertaking tertiary studies after Year 12. My phone number is 07 4924 7808. Please call to arrange an interview time.

Free copies of the QTAC Guide are now available in the Guidance Office.

Christine McTaggart Guidance Officer

DATE CLAIMERS

Wed 18 July	Parent/Teacher Interviews
Wed 25 July	Subject Selection Evening (Yr 9 entering Yr 10. & Yr 10 entering Yr 11)
Thurs 2 Aug	Australian Mathematics Comp Library
6 – 11 Aug	Work Experience Year 10
Wed 8 Aug	Maths Team Challenge Hall
Tues 14 Aug	ICAS Maths Competition Library
Thurs 16 Aug	Australian Mathematics Olympiad Library
Fri 17/Sat 18 Aug	Beauty & the Beast Musical
23 – 26 Aug	Maths B, Physics, Biology Excursion off Campus (NB Students leave 10 pm 23 rd , only day away from school is Fri 24 th)
27 Aug – 31 Aug	Naidoc Week
27 Aug – 2 Sept	National Literacy and Numeracy Week

LAST DAY OF TERM 3 FRI 21/09/12

The P&C Report Be Involved

Welcome back! The next P&C meeting will be on the Monday 23rd July 7pm

Sports Day was fantastic! Thank you to all of the staff, students and volunteers for making it a great day!

We would like to offer our condolences to Julie Murphy and her family. Julie is a valued Tuckshop worker who lost her daughter last week.

The P&C is interested in organising fundraising activities this year. If you have any ideas please drop a note into Kim or Carole at the Tuckshop or contact the P&C at nrshspnc@gmail.com.

Michelle Rixon P&C President